Contents - Life Elementary

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
People	be (am/is/are) possessive 's and possessive adjectives	personal information family wordbuilding: word roots everyday verbs word focus: <i>in</i>	meeting people for the first time	contracted forms the same or different sounds saying numbers and percentages spelling	a photographer talking about a diver an interview with an explorer people at a conference	an article about a family of explorers an article about world population	types of text	asking questions friends and family facts about countries	text type: a personal description writing skill: and, but
VIDEO: World part	y page 18 ▶ REVIEW	page 20							
Possessions pages 21–32	there is/are prepositions of place plural nouns this, that, these, those	colours furniture useful objects countries and nationalities wordbuilding: suffixes (1) prices and currencies word focus: one/ones adjectives	shopping	/t/ or /i:/ word stress contrastive stress	someone talking about a family's plastic possessions an interview with Andy Torbet	an article about four apartments in Seoul an article about a global product	close reading	a room in your home your possessions where things are from	a description of a room in your home text type: adverts writing skill: describing object with adjectives
VIDEO: A thousand	l words page 30 ▶ REV	TEW page 32							
3 Places pages 33-44	present simple (Vyou/ we/they) present simple questions	telling the time describing cities places of work wordbuilding: adjective + noun collocations ordinal numbers and cardinal places in a city	giving directions	-s endings ordinal numbers	someone talking about a famous meeting place in Melbourne an interview with a student living in London three people talking about their jobs	an article about no-car zones an article about languages spoken around the world	main ideas and supporting information	your life exchanging information about a photographer your languages	text type: a description of a place writing skill: capita letters
VIDEO: Cowley Ro	ad page 42 ▶ REVIEW	page 44							
4 Free time	like/love + -ing form adverbs of frequency expressions of frequency can/can't	wordbuilding: verb + noun collocations everyday activities sports	talking about abilities and interests	/ty/ car) sentence stress	three people talking about their free-time activities an interview with Norbert Rosing	an article about identical twins an article about extreme sports gap year volunteer work	fact or opinion	likes and dislikes saying how often you do things your abilities	text type: short emails writing skill: reference words
	time page 54 ▶ REVIE	W page 56							
5 Food pages 57–68	countable and uncountable nouns (alan some and any) a lot of and much I many how many/how much	food verbs food quantities and containers word focus: <i>mean</i> menus wordbuilding: British or American English	ordering a meal	/t.f/ or /dʒ/ linking of contracted forms	someone talking about street food in Oaxaca people describing famous dishes from their countries a conversation at a market	an article about food markets around the world an article labels on food	ways of giving advice	famous dishes from different countries planning a special meal buying food at a market advice about healthy eating	advice for a health eating blog text type: instructions writing skill: punctuation
VIDEO: The world	food quiz page 66 ▶ R	EVIEW page 68							
6 Past lives	was/were past simple regular and irregular verbs, negatives and question forms	periods of time time expressions word focus; write opinion adjectives	asking about past events	-ed endings intonation	someone talking about photographs showing how lives have changed a documentary about a woman who lived in a cave three people describing their evening	an article about famous people from the past an article about life-logging	for or against	past lives talking about what you did yesterday a survey about life-logging	text type: thank you messages writing skill: forma and informal expressions

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
ourneys	comparative adjectives superlative adjectives	journey adjectives ways of travelling word focus: <i>than</i> money	requesting	stressed and weak syllables /ə/	someone talking about the journey of a ladybird a documentary about a journey to the deepest place on earth	an article about animal migration an article about Colombia's cities	the writer's choices	a journey you made your opinion places you know your town	a paragraph about your town text type: a travel blog writing skill: so and because
VIDEO: The final jou	rney page 90 ▶ REVIE	EW page 92							
Appearance	present continuous present simple and present continuous have got	adjectives about festivals clothes face and body word focus: <i>time</i>	talking about pictures and photos	/s/ and /ʃ/ sound and spelling silent letters	someone describing the Dinagyang festival a description of two photos of a festival	an article about a fashion business an article about boys' and girls' colour choices a text about emoticons	is it in the text?	your life at the moment opinion of an article people's appearance	text type: short messages writing skill: the KISS rule
IDEO: Festivals and	l special events page 102	► REVIEW page 104							
9 Entertainment pages 105–116	be going to (for plans) infinitive of purpose	films see or watch? talking about TV nature	inviting and making arrangements	/tə/ showing enthusiasm	someone talking about an unusual video two people at a film festival changing TV habits two people discussing a Broadway show	an article about the Tallgrass Film Festival an article about nature in art	the writer's preferences	deciding which films to see your future plans explaining preferences	text type: reviews writing skill: giving your opinion with sense verbs
/IDEO: Filming wild	llife page 114 ▶ REVII	EW page 116							
10 Learning 117-128	present perfect present perfect and past simple	school subjects learning wordbuilding: synonyms and antonyms daily habits word focus up email addresses and websites	checking and clarifying	contrastive stress	someone talking about a place for learning a news report about a memory champion someone phoning his office	a survey about outdated technology jigsaw reading about memory an article about good habits	supporting the main idea	experiences with learning explaining memory techniques something you have learned	advice about good habits text type: a telephone message writing skill: imperatives
/IDEO: Memory and	l language learning page	126 ► REVIEW page 12	8						
11 Tourism pages 129–140	have to / don't have to, can / can't should/shouldn't something, nobody, anywhere	places for entertainment types of holiday in another country tourism wordbuilding: word families word focus: take	making suggestions	/hæftə/ /A/,/u/ or /u:/	someone talking about their holiday a podcast from a travel programme two friends discussing a trip to South America	a tourist information leaflet a quiz from a travel magazine a travel article	arguments for and against	rules advice for a tourist what's important in a hotel	a description of a tourist destination text type: a questionnaire writing skill: closed and open questions
VIDEO: ?????????????	???? page 138 ► REVII	EW page 140							
12 The Earth rages 141–152	will/won't articles with the names of places	parts of the Earth measurements wordbuilding: word forms land and water word focus: how	making a presentation	1) pausing on commas	a documentary about a photographer	maps showing climate change an article about a new planet an article about Earth Day	the writer's opinion	your future places on Earth life on another planet	text type: an announcement writing skill: important words and information

Contents - Life Pre-Intermediate

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
1 Lifestyle Jages 9–20	present simple adverbs and expressions of frequency present simple and present continuous	everyday routines wordbuilding: collocations with do, play and go word focus: feel medical problems	talking about illness	/s/, /z/ or /zz/ one or two syllables?	someone talking about a national park near a city a radio interview about long life	a quiz about how well you sleep an article about centenarians an article about how nature is good for you	giving examples	finding out about lifestyle your current life making a town healthier	text type: filling in a form writing skill: information on forms
VIDEO; My local par	k page 18 ▶ REVIEW	page 20							
2 Competitions	verbs for rules -ing form	sport wordbuilding: suffixes word focus: <i>like</i>	talking about interests	/ng/ silent letters	someone describing an Ironman competition three people talking about competitive sports	an article about crazy competitions an article about female wrestlers in Bolivia	reading between the lines	explaining the rules of a competition talking about your sport preferences your opinions about Olympic sports	text type: an advert of notice writing skill: checking your writing
VIDEO: Mongolian h	orse racing page 30 >	REVIEW page 32							
3 Transport	comparatives and superlatives as as comparative modifiers	ways of travelling transport nouns wordbuilding: compound nouns transport adjectives transport verbs taking transport	going on a journey	than sentence stress intonation	someone describing a photo of a woman travelling by train in India two people discussing the pros and cons of types of transport a documentary about animal transport	an article about solutions to transport problems an article about the fate of the rickshaw in Kolkata	opinions for and against	talking about and comparing journeys advice on transport a presentation about a pedicab company	text type: notes and messages writing skill: writing in note form
VIDEO: Indian Railw	rays page 42 ▶ REVIE	W page 44							
Challenges	past simple past continuous and past simple	risks and challenges personal qualities wordbuilding: verbs and nouns	telling a story	/d/, /t/ or / id/ was/ware intonation for responding	a caver talking about his hobby an impossible decision	an article about adventurers an article about different types of challenges	looking for evidence	asking about your past events you remember telling a story	text type: a short stor writing skill: structure your writing
	nture page 54 ▶ REVI	EW page 56							
5 The environment	quantifiers articles; a/an, the or no article	materials recycling results and figures word focus: take	phoning about an order	/ða/ or /ðiː/ sounding friendly	extract from a documentary about a house of recycled materials news about environmental projects	an article about e-rubbish an article about a boat made of plastic bottles, the <i>Plastiki</i> an online order	close reading	recycling where you are general knowledge quiz changing attitudes and behaviour	a quiz text type: emails writing skill: formal words
VIDEO: Recycling Ca	airo page 66 ▶ REVIEW	/ page 68							
6 Stages in life	to + infinitive future forms: going to, will and present continuous	life events describing age celebrations word focus: <i>get</i> wordbuilding: synonyms	inviting, accepting and declining	/to/ contracted forms emphasizing words	differences between the generations a news Item about Mardi Gras	an article about how a couple changed their life an article about how Mardi Gras is celebrated around the world an article about coming- of-age ceremonies	analysing the writer's view	plan the trip of a lifetime your favourite festival planning a celebration describing annual events	text type: a description writing skill: descriptive adjective

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
V ork Dages 81–92	present perfect and past simple present perfect with for and since prepositions of place and movement	language to describe jobs jobs jobs wordbuilding: suffixes parts of a building word focus: make or do job adverts	a job interview	intrusive /w/	a description of a job in a steel factory an interview with a scientist two people giving instructions	an article about new jobs in an area an article about modern- day cowboys	analysing comparisons in a text	describing past experiences giving directions job satisfaction a job interview	text type: a CV writing skill: missing out words in CVs
VIDEO: My workin	ig life page 90 ▶ REVIE	V page 92							
8 Technology	zero and first conditional defining relative clauses	internet verbs wordbuilding: dependent prepositions instructions	finding out how something works	linking	a documentary about the importance of technology a science programme about a new invention	an explorer's blog an article about biomimetics	the writer's sources	planning a trip important inventions design an invention for everyday life favourite technology	text type: a paragrap writing skills: connecting words
VIDEO: Ancient lar	nguages, modern technolog	y page 102 ► REVIEW	page 104						
9 Holidays pages 105–116	past perfect simple subject questions	holiday collocations wordbuilding: -ed I -ing adjectives word focus; place	requesting and suggesting	'd number of syllables /dga/	three people talk about their holidays an interview with a tour guide	a holiday story an article about the two sides of Paris	the author's purpose	a story about a holiday planning the holiday of a lifetime a place you know	text type: an email requesting information writing skill: formal expressions
VIDEO: Living in V	'enice page 114 ▶ REVII	EW page 116							
10 Products	the passive (present and past simple) used to	wordbuilding: word forms describing design websites	giving your opinion	stress in different word forms /s/ or /z/	a description of a producer and his products a programme about a product from the past	an article about some famous logos an article about having less 'stuff'	fact or opinion?	some famous products talk about things you used to do in the past using less stuff planning a new website	text type: a review writing skill: giving your opinion
Video: Wind turbin	es page 126 ➤ REVIEW	page 128							
11 History pages 129–140	reported speech reporting verbs (say and telf)	wordbuilding: verb + preposition communication ancient history word focus: one	giving a short presentation	pausing	a historian talking about Scott's hut at the Antarctic a message in a bottle	the history of video gaming an article about stealing history	emotion words	planning a time capsule opinions about games reporting a message a museum in your town	a message in a bottl text type: a biograph writing skill: punctuation in din speech
VIDEO: The Golder	n Record page 138 ▶ R	EVIEW page 140							
12 Nature pages 141–152	second conditional anywhere, everyone, nobody, something, etc.	extreme weather nature word focus: start	finding a solution	would / wouldn't / "d	a description of a photo and the life of a storm chaser a documentary about a photographer	an article about a science blog an article about Jane Goodall	close reading	hopes and dreams questions with <i>any</i> interview questions	text type: an article writing skill: plannir an article

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Contents - Life Intermediate

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
Culture and identity	present simple and present continuous stative verbs question forms: direct questions question forms: indirect questions	word focus: <i>love</i> feelings wordbuilding; adjective and noun collocations	opening and dosing conversations	direct questions short questions	an extract from a TV programme about Native American culture two people doing a quiz about colours and their meaning	an article about cultural identity an article about globalization	examples	getting to know you my language course how international you feel first impressions	text type; a business profile writing skill: criteria for writing
VIDEO: Faces of India	a page 18 ▶ REVIEW p	page 20							
Performing	present perfect simple already, just and yet present perfect simple and past simple	musical styles emotions word focus: kind describing performances	choosing an event	weak forms intonation with really, absolutely, etc.	three people falking about arts events a man talking about his dance academy	an article about listening to music an article about performance art	balance	new releases performing a survey on the arts arts events	text type: a review writing skill: linking ideas (1)
Andrew Section 1	page 30 ► REVIEW pa	age 32							
3 Water pages 33-44	past simple and past continuous past perfect	describing experiences wordbuilding: adverbs word focus: get	telling stories	d and t after -ed endings was and were	an extact from a radio programme about recreation in the water internews about what happened next	an interview about underwater discoveries an article about an unforgetfable experience	drawing conclusions	the first time what had happened learning a lesson it happened to me	text type: a blog post writing skill: interesting language
VIDEO: Four women	and a wild river page 42	► REVIEW page 44							
4 Opportunities	predictions future forms	word focus: job and work education wordbuilding: prefix re- pay and conditions job requirements	making and responding to requests	weak and strong auxiliary verbs	three people falking about their childhood ambitions three women talking about decisions	an article about the future of work an article about the economic boom in China	the author's view	predictions planning your work the perfect job requests	text type: a covering letter writing skill: formal style
VIDEO: Everest touris	sm changed Sherpa lives p	age 54 ► REVIEW page	56						
5 Wellbeing pages 57–68	modal verbs (1) first conditional: if + will when, as soon as, unless, until, before	a healthy lifestyle word focus: so restaurants	describing dishes	weak forms disappearing sounds	an extract from a radio programme about healthy eating two people discussing the power of the mind	a news item about traditional dishes a news item about imaginary eating an article about modern lifestyles	writer's purpose	rules and regulations consequences modern life restaurant dishes	text type: a formal letter/email writing skill; explaining consequences
VIDEO: Dangerous di	ining page 66 ► REVIE	W page 68							
6 Mysteries	purpose: to , for and so that certainty and possibility	word focus: long art wordbuilding: nouns and verbs -ly adverbs in the news	reacting to surprising news	weak form of <i>have</i> showing interest and disbellef	two people discussing an unusual photo a speaker at a conference talking about a mystery an extract from a radio programme about the Nasca lines	an article about flexible thinking an article about one of aviation's greatest mysteries	speculation or fact?	what's it for? speculating comparing ideas surprising news	text type: a news story writing skill: structuring a news story

Jnit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
Living space	used to, would and past simple comparison: adverbs comparison: patterns	in the city wordbuilding: nouh adjective word focus. as and like	stating preferences and giving reasons	rising and falling Intonation	three people talking about different living arrangements podcast replies about house design	an article about what New York used to be like an article about a little town in Puerto Rico	descriptions	places advice a tourist destination choices	text type: a descripti of a place writing skill: organizing ideas
/IDEO: The town w	ith no wi-fi page 90 ▶ R	EVIEW page 92							
8 Fravel pages 93–104	verb patterns: -ing form and to + infinitive present perfect continuous and simple How long?	holiday activities travel problems	dealing with problems	strong and weak forms	three people talking about travel tips people talking about their holidays an extract from a radio programme about a wildlife conservationist	an article about writers returning to their roots an article about tourism	close reading	holiday companions favourite activities going green travel problems	text type: a text rnessage writing skill: informa style
/IDEO: Questions at	nd answers page 102 >	REVIEW page 104							
Shopping	passives articles and quantifiers	shopping (1) wordbuilding: compound adjectives shopping (2)	buying things	linking silent letters	market research interviews with three people who are shopping an extract from a radio programme about impulse buying	an article about two ways of going shopping an article about how to negotiate a price	testing a conclusion	shopping now and in the future souvenirs buying things	text type: customer feedback writing skill: clarity: pronouns
/IDEO: Making a de	al page 114 ▶ REVIEW	page 116							
10 No limits	second conditional defining relative clauses	medicine word focus: <i>take</i> injuries	talking about injuries	sentence stress and	a podcast about the <i>Marathon</i> des <i>Sables</i> an extract from a TV preview show about bionic bodies	an article about life on another planet two stories about acts of endurance	reading between the lines	I'd love to live in medicine inspirational people talking about injuries	text type: a personal email writing skill: linking ideas (2)
	n astronaut dream about?	page 126 ➤ REVIEW page	ge 128						
11	reported speech reporting verbs	communications technology	telephone language	contrastive stress polite requests with can and could	four conversations about the news four conversations about news headlines	an article about isolated tribes an article about community journalism	opinions	news stories personal communication apps telephone messages	text type: an opinion essay writing skill; essay structure
ages 129–140	d muslim-2 page 120 b. I	PEVIEW page 140							
ADEO: Can you rea	d my lips? page 138 ► F third conditional	wordbuilding: prefixes in-,	making and accepting	should have and	an interview with a farmer	a review of a book about	relevance	decisions	text type: a website
12 Experts ages 141–152	should have and could have	im-, un- word focus: go	apologies	could have sentence stress	two stories about uncomfortable situations	Arctic expeditions an article about the samurai		where did I go wrong? going back in time making and accepting apologies	article writing skill: checking your writing

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Contents - Life Upper Intermediate

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
Relationships	present tenses: simple, continuous and perfect past simple and present perfect	describing character friendships: phrasal verbs wordbuilding: forming adjectives word focus; sense	meeting people	auxiliary verbs have and has word boundaries	three people talking about important relationships in their lives an extract from a radio programme about animal friendships	an article about changing attitudes in China an article about immigrant families in New York	evaluating conclusions	friendships differences between generations family influences	text type: an informa email writing skill: greeting and endings
VIDEO: 'Lady Liberty	and Ellis Island page 18	8 ► REVIEW page 20							
2 Storytelling pages 21–32	narrative past tenses the passive	describing stories communication wordbuilding: verb + noun collocation word focus: keep	reacting to stories	/æ/, /// and /b/ weak forms in passive verbs linking and elision	an interview with a film critic an interview with a professional photographer	an incredible story of a Formula 1 racing driver an article about the Brothers Grimm	the main message	a key moment the stories pictures tell storytelling	text type: a story writing skill: using descriptive words
VIDEO: How not to c	limb a mountain page 30	▶ REVIEW page 32							
Science and technology	future forms future continuous and future perfect simple	materials wordbuilding: compound nouns (noun + noun) describing technology word focus: out of	dealing with problems	IrI and ItI in American English stress in two-syllable words	three people making predictions about the future a lecture about overpopulation an interview from a radio programme about 3D printing	a lecture about overpopulation an article about appropriate technology	supporting examples	predictions the future technological solutions	text type: short email requests writing skill: being polite
200 02 000-00704.0401	rosthetic limbs page 42	► REVIEW page 44							
Art and creativity	determiners expressions of quantity	art wordbuilding: word families word focus: <i>spend</i>	describing likes and dislikes	weak form of disappearing sounds	a conversation about two people who are creative in their free time an extract from a radio programme about what's on in Melbourne	an article about unusual street art an article about how music helps us	Identifying opinions	art and music participation in the arts music playlists	text type: an online review writing skill: personalizing your writing
VIDEO: Art for the pe	ople page 54 ▶ REVIE	W page 56							
5 Development	verb + infinitive or -ing verbs with both -ing and to + infinitive	urban features wordbuilding: adverb + adjective word focus: fall	debating issues	rhyming words sentence stress	someone talking about the development of the Belo Monte dam in Brazil an interview with a journalist about social development in southern India	an article about urban development in Dubai an article about the teenage mind	ways of arguing	changes in your town a happy society stages of life	text type: an opinion essay writing skill: linking words
VIDEO: Scandinavian	mega-bridge page 66 >	REVIEW page 68							
Alternative cravel	negative forms question forms	holiday activities travel word focus: <i>mind</i>	getting around	Intonation in question forms intonation in sentences with two clauses	someone describing their stay at a mountainside guesthouse an interview about volunteer vacations	a blog about holidays at home an extract from a travel magazine about historical hotels	analysing tone	planning a staycation a volunteer holiday ideas for an unusual hotel	text type: a letter/ email of complaint writing skill: formal language

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing
Customs and behaviour bages 81–92	zero and first conditionals time linkers usually, used to, would, be used to and get used to	raising children; verbs food word focus: same and different weddings wordbuilding: word pairs	describing traditions	/jus/ and /us/ the letters	someone describing the customs on the subway in Tokyo an extract from a radio programme about the diet of the indigenous people of northern Alaska	an article about the 'tiger mother' approach to parenting a blog about personal space and turn-taking	questions and answers	traditional rules of behaviour food and eating habits turn-taking in conversations	text type: a description writing skill: addin detail
VIDEO: Eating insec	ts page 90 ▶ REVIEW	page 92							
Hopes and ambitions	second, third and mixed conditionals wish and if only	word focus: make and do wordbuilding: noun suffixes strong feelings word focus: better	discussing preferences	contracted or weak forms /[f and /t]/ do you, would you, shall we	someone talking about an unusual mural eight explorers describing superpowers they wish they had	an article about the first human computers an article about Madagascar's unique environment	emotive language	ambitions wishes strong feelings	text type: an online comment writing skill: giving vivid examples
VIDEO: What would	you do if money didn't mat	ter? page 102 ▶ REVIEW	page 104						
9 The news pages 105–116	verb patterns with reporting verbs passive reporting verbs	reporting verbs positive adjectives wordbuilding; forming adjectives from verbs word focus: word	reporting what you have heard	the schwa	a radio news report about the parents of Chinese university students three good-news stories reported on the television news	an article about an iconic image an article about the power of the press	different perspectives	news stories good-news stories the media	text type: a news article writing skill: using quotations
VIDEO: News: the w	eird and the wonderful pag	ge 114 ▶ REVIEW page 1	16						
10 Talented people pages 117-128	articles: <i>alan, th</i> e or zero article? relative clauses	careers wordbuilding: verb (+ preposition) + noun collocations the senses word focus: self personal qualities	describing skills, talents and experience	linking vowels difficult words	a description of a mahout's job someone talking about an extraordinary career a description of a man with an unusual talent	an article about an extraordinary career an article about a woman who was king	examining the evidence	a career path definitions job characteristics	text type; a persona profile writing skill: using with
VIDEO: Queen of Eg	ypt page 126 ▶ REVIEV	W page 128							
11 Knowledge and learning pages 129–140	could, was able to, managed to and succeeded in future in the past	education wordbuilding: homonyms word focus: <i>learn</i>	getting clarification	contrastive sentence stress linking in question forms	a parent talking about a children's museum a talk by a psychologist on memory	an article about an innovative school an article about how animals think	explaining ideas	learning experiences memory tests making excuses types of learner	text type: an email about a misunderstanding writing skill: linking contrasting ideas
VIDEO: Paraguay sha	man page 138 ▶ REVII	EW page 140							
12 Money pages 141–152	focus adverbs: only, just, even causative have and get	money services wordbuilding: the + adjective getting things done business words	negotiating	focus adverbs /ʃr, /ʃr, /ʒ/ and /ʤ/ long vowel sounds	three people talking about the standard of living an interview with a professor about the growing service economy	an article about Norway's riches an article about a new business trend	opinion words	the economy in your country getting things done new business ideas	text type; a short report writing skill: key phrases in report writing